



in the HOOP

YOUR MONTHLY DOSE OF TECH TIPS &
HOOP5 NEWS



MONTHLY UPDATE FROM MANDY

What's up with ChatGPT lately? Not everyone is using it for good. Some hackers are using ChatGPT to create elaborate phishing scams that can trick you into giving away your personal or financial information. These can be very convincing since AI is designed to optimize, learn, and optimize more.

You need to be careful and learn how to spot these fake messages. Employee cybersecurity training is essential as one type of protection from these threats.

Want to learn more about how we can teach your team to spot convincing fakes and stay safer online? Contact us at info@hoop5.net to schedule a chat.

Until then, stay safe,

Mandy Irvine McClure

CEO - Hoop5 Networks

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DID YOU
KNOW



The first mobile phone call was made in 1973 by Martin Cooper, a Motorola engineer.



In today's digital landscape, cybersecurity threats continue to evolve. They pose significant risks to individuals and organizations alike. One such threat gaining prominence is zero-click malware. This insidious form of malware requires no user interaction. It can silently compromise devices and networks.

One example of this type of attack happened due to a missed call. That's right, the victim didn't even have to answer. This infamous WhatsApp breach occurred in 2019, and a zero-day exploit enabled it. The missed call triggered a spyware injection into a resource in the device's software.

A more recent threat is a new zero-click hack targeting iOS users. This attack initiates when the user receives a message via iMessage. They don't even need to interact with the message of the malicious code to execute. That code allows a total device takeover.

Below, we will delve into what zero-click malware is. We'll also explore effective strategies to combat this growing menace.

02 WHAT IS ZERO-CLICK MALWARE?

Understanding Zero-Click Malware

Zero-click malware refers to malicious software that can do a specific thing. It can exploit vulnerabilities in an app or system with no interaction from the user. It is unlike traditional malware that requires users to click on a link or download a file.

The Dangers of Zero-Click Malware

Zero-click malware presents a significant threat. This is due to its stealthy nature and ability to bypass security measures. Once it infects a device, it can execute a range of malicious activities.

These include:

- Data theft
- Remote control
- Cryptocurrency mining
- Spyware
- Ransomware
- Turning devices into botnets for launching attacks

This type of malware can affect individuals, businesses, and even critical infrastructure. Attacks can lead to financial losses, data breaches, and reputational damage.

Fighting Zero-Click Malware

To protect against zero-click malware, it is crucial to adopt two things. A proactive and multilayered approach to cybersecurity. Here are some essential strategies to consider:

• **Keep Software Up to Date**

Regularly update software, including operating systems, applications, and security patches. This is vital in preventing zero-click malware attacks. Software updates often contain bug fixes and security enhancements.

• **Put in Place Robust Endpoint Protection**

Deploying comprehensive endpoint protection solutions can help detect and block zero-click malware. Use advanced antivirus software, firewalls, and intrusion detection systems.

• **Use Network Segmentation**

Segment networks into distinct zones. Base these on user roles, device types, or sensitivity levels. This adds an extra layer of protection against zero-click malware.

• **Educate Users**

Human error remains a significant factor in successful malware attacks. Educate users about the risks of zero-click malware and promote good cybersecurity practices. This is crucial. Encourage strong password management. As well as caution when opening email attachments or clicking on unfamiliar links.

• **Use Behavioral Analytics and AI**

Leverage advanced technologies like behavioral analytics and artificial intelligence. These can help identify anomalous activities that may indicate zero-click malware.

• **Conduct Regular Vulnerability Assessments**

Perform routine vulnerability assessments and penetration testing. This can help identify weaknesses in systems and applications.

• **Uninstall Unneeded Applications**

The more applications on a device, the more vulnerabilities it has. Many users download apps then rarely use them. Yet they remain on their device, vulnerable to an attack.

• **Only Download Apps from Official App Stores**

Be careful where you download apps. You should only download from official app stores.



Microsoft Ergonomic Keyboard

Introducing the Microsoft Ergonomic Keyboard – the ultimate typing companion designed to enhance your comfort and productivity! This sleek and stylish keyboard boasts a split keyset design that encourages a more natural typing position, reducing wrist strain and promoting better posture.

Experience the perfect blend of comfort, functionality, and style. Say goodbye to typing fatigue and hello to a more enjoyable and efficient workday!



Is it okay to leave your smartphone charging overnight? Do Macs get viruses? And what about those 5G towers? What's going on with those?

Common tech myths can often lead to misunderstandings. They can even hinder your ability to fully use various tools and devices. Let's debunk some of the most common tech myths that continue to circulate and explore the truth behind them.

Myth 1: Leaving your device plugged in overnight damages the battery.

First is one of the most persistent tech myths. Leaving your device plugged in overnight will harm the battery life. But this myth is largely outdated.

Modern smartphones, laptops, and other devices have advanced battery management systems.

These systems prevent overcharging. Once your device reaches its maximum charge capacity, it automatically stops charging. So, feel free to charge your gadgets overnight without worrying about battery damage.

Myth 2: Incognito mode ensures complete anonymity.

While incognito mode does provide some privacy benefits, they're limited.

For example, it mainly prevents your device from saving the following items:

- Browsing history
- Cookies
- Temporary files

However, it does not hide your activities from your internet service provider (ISP). Nor from the websites you visit.

Myth 3: Macs are immune to viruses.

Another prevalent myth is that Mac computers are impervious to viruses and malware. It is true that Macs have historically been less prone to such threats compared to Windows PCs. This does not make them immune.

It's true that in 2022, 54% of all malware infections happened in Windows systems and just 6.2% happened in macOS.

But as of January 2023, Windows had about 74% of the desktop OS share to Mac's 15%. So, it turns out the systems aren't that different when it comes to virus and malware risk. The data shows the infection rate per user on Macs is 0.075. This is slightly higher than Windows, at 0.074. So, both systems have a pretty even risk of infection.

Myth 4: More megapixels mean better image quality.

When it comes to smartphone cameras, savvy marketing sometimes leads to myths. Many people believe that more megapixels equal better image quality. This is a common misconception.

Other factors, in addition to megapixels, play a significant role. Such as:

- The size of individual pixels
- Lens quality
- Image processing algorithms
- Low-light performance

A camera with a higher megapixel count may produce larger images. But it does not guarantee superior clarity, color accuracy, or dynamic range. When choosing a smartphone or any camera, consider the complete camera system.

04

TOP 7 CYBERSECURITY RISKS OF REMOTE WORK

Remote work has become increasingly popular in recent times. It provides flexibility and convenience for employees. But there are some drawbacks to working outside the office. It's crucial to be aware of the cybersecurity risks that come with remote and hybrid work.

Here are the top cybersecurity risks and tips on how employees and employers can address them.

1. Weak Passwords and Lack of Multi-Factor Authentication:

Employers should set up access management systems to automate the authentication process.

2. Unsecured Wi-Fi Networks:

To protect company data, remote teams should use a Virtual Private Network (VPN).

3. Phishing Attacks:

To defend against phishing attacks, be cautious when opening emails. Especially those from unknown sources. Avoid clicking on suspicious links. Verify the sender's email address.

4. Insecure Home Network Devices:

Many remote workers use smart devices that introduce vulnerabilities to their network. Ensure you change the default device passwords and keep them updated with the latest firmware.

5. Lack of Security Updates:

To mitigate this risk, enable automatic updates on devices and software whenever possible. Regularly check for updates.

6. Data Backup and Recovery:

Keep all company files backed up automatically to a central cloud location.

7. Insufficient Employee Training:

Remote workers should receive proper cybersecurity training. It helps them to understand security risks and best practices. Unfortunately, many companies neglect this aspect of cybersecurity. Organizations should provide comprehensive and ongoing cybersecurity training to remote workers.

05

7 ADVANTAGES OF A DEFENSE-IN-DEPTH CYBERSECURITY STRATEGY

Cybersecurity threats are becoming increasingly sophisticated and prevalent.

A defense-in-depth cybersecurity strategy provides a strong and resilient defense system. Its several layers of security increase the chances of staying secure. This is especially important in today's dangerous online world.

Here are the Advantages of Adopting a Defense-in-Depth Approach:

1. Enhanced Protection
2. Early Detection and Rapid Response
3. Reduces Single Point of Failure
4. Protects Against Advanced Threats
5. Compliance and Regulatory Requirements
6. Flexibility and Scalability
7. Employee Education and Awareness

06

HANDY TECH CHECKLIST FOR YOUR HOME OR OFFICE MOVE

Moving can be a chaotic and stressful time. Especially when it comes to handling your valuable technology. Whether you're relocating your home or office, it's essential to take extra care. Both with fragile items and when packing and moving your devices and other tech items.

To help you navigate this process smoothly, we've put together a handy checklist. Use this to help ensure your technology remains safe and sound during the move.

- Back-Up Everything
- Organize and Label Cables
- Pack Devices Carefully
- Remove Ink Cartridges and Batteries
- Take Photos of Cable Connections
- Pack Your Wi-Fi Equipment Separately
- Secure Fragile Screens
- Inform the Movers about Fragile Items
- Test Everything After the Move

07

MICROSOFT UNIVERSAL PRINT - LEARN WHAT IT CAN DO FOR YOU

In today's digital workplace, printing remains an essential function. But keeping up with your print infrastructure can be a time-consuming task.

Microsoft has come up with an answer to streamline print management. This solution is called Microsoft Universal Print. It offers a modern solution to age-old print problems. It leverages the power of Microsoft 365 and Azure, eliminating the need for complex on-premises print infrastructure.

What can Microsoft Universal Print do for you?

- Simplifying Print Management
- Seamless Integration with Microsoft 365
- Flexibility and Scalability
- Streamlined Printer Deployment
- Enhanced Security and Compliance
- Provide Insights and Analytics

Microsoft Universal Print offers a modern and efficient approach to print management. It streamlines the printing experience for organizations and eliminates the need for complex on-premises print infrastructure.

